

# #MOVE WITH US LEADERS ACADEMY

## FREE TRAINING COURSE for young people aged 14-18 years

The 1st4sport Level 1 Award for Activators (Multi-Skills) is a one-day course for young people aged 14-18, helping them build confidence, leadership skills, and the ability to organise and adapt fun physical activities in their school or community. Participants will learn how to run games, support others to get active, and develop as young leaders.

Please register by completing the form below to secure your place.

If you are under 18, a parent/carer/responsible adult must complete it on your behalf. We will email you to confirm your space once submitted.



## UPCOMING WORKSHOP DETAILS



Weds 8th April | Mayflower High School, Stock Rd, Billericay CM12 0RT | 10am - 4pm



Thurs 9th April | Stanway Community Centre, Villa Rd, CO3 0RH | 10am - 4pm



Friday 10th April | Coppins Hall Community Centre, Maldon Way, Clacton-on-Sea, CO16 7PA | 9:15 - 3:45pm

**REGISTER HERE** 



For more info, email:  
Chloe.Hinds@essex.gov.uk