

Let's see what's for lunch...

Week 1

Monday

Main Meals

Baked Sausages with Crushed Potatoes & Gravy
3 Veg Macaroni Cheese
Pasta with Tomato & Basil Sauce

Sandwiches

Chicken Mayonnaise Baguette
Cheese Salad Wrap

Served with

Baked Beans & Peas

Dessert

Chocolate & Sweet Potato
Brownie

Tuesday

Main Meals

Traditional Beef Lasagne
Vegan Bean Chilli with Steamed Rice
Jacket Potato with Baked Beans

Sandwiches

Ham Sandwich
Cheese & Tomato Bloomer

Served with

Sweetcorn & Broccoli

Dessert

Courgette & Oat Cookie

Wednesday

Main Meals

Roast Chicken Fillets with Gravy
Vegan Squash, Sweet Potato & Bean Hot Pot
Pasta with Tomato & Basil Sauce

Sandwiches

Tuna & Sweetcorn Baguette
Cheese Sandwich

Served with

Roast Potatoes,
Seasonal Greens
& Carrots

Dessert

Vanilla Ice Cream

Thursday

Main Meals

Chilli Beef Tacos with Cajun Sweet Potato Wedges
Vegetarian Chilli Tacos & Cajun Sweet Potato
Wedges
Jacket Potato with Cheddar Cheese

Sandwiches

Tuna Mayo Sandwich
Cheese Salad Wrap

Served with

Cauliflower
& Roasted Carrots

Dessert

Apple & Parsnip Sponge

Friday

Main Meals

Fish Fingers, Chips & Ketchup
Vegan Vegetable Fingers, Chips & Ketchup
Pasta with Tomato & Basil Sauce

Sandwiches

Ham Sandwich
Egg Mayo Baguette

Served with

Baked Beans & Peas

Dessert

Fruit Jelly

Freshly Baked Bread:

Tomato & Rosemary Bread or Wholemeal Bread

Week 1: 2nd Jun, 23rd Jun, 14th Jul, 1st Sept, 22nd Sept, 13th Oct, 3rd Nov,
24th Nov, 15th Dec

Pabulum Salad Bar

Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our new salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

Available Every Day:
Fresh Fruit, Yoghurt or Jelly

Week 2

Monday

Main Meals

Beef Bolognaise & Penne Pasta Bake
Vegan Bolognaise with Spaghetti
Jacket Potato with Baked Beans

Sandwiches

Cheese Sandwich
Ham Salad Wrap

Served with

Cauliflower
& Green Beans

Dessert

Maryland Cookie

Tuesday

Main Meals

Butter Chicken Curry with Steamed Rice
Vegan Vegetable Biryani
Pasta with Squash & Tomato Sauce

Sandwiches

Egg Mayonnaise Sandwich
Ham Salad Wrap

Served with

Carrots & Peas

Dessert

Carrot & Apple Flapjack

Wednesday

Main Meals

Honey Roast Gammon with Gravy
Vegan Bombay Chickpea Burrito
Pasta with Squash & Tomato Sauce

Sandwiches

Cheese & Tomato Bloomer
Ham Sandwich

Served with

Roast Potatoes,
Seasonal Greens
& Carrots

Dessert

Banana & Cinnamon
Sponge

Thursday

Main Meals

Chicken & Sweetcorn Meatball in a Roll with Spiced
Wedges
Vegan Meatball in a Roll with Spiced Wedges
Jacket Potato with Cheddar Cheese

Sandwiches

Cheese Sandwich
Chicken Mayonnaise Baguette

Served with

Broccoli & Sweetcorn

Dessert

Cherry Shortbread

Friday

Main Meals

Fish Fingers, Chips & Ketchup
Vegan Boston BBQ 3 Bean Stew with Baked Jackets
Pasta with Squash & Tomato Sauce

Sandwiches

Egg Mayonnaise Sandwich
Ham Salad Baguette

Served with

Baked Beans & Peas

Dessert

Vanilla Ice Cream

Freshly Baked Bread:

Beetroot & Herb or Wholemeal Bread

Week 2: 9th Jun, 30th Jun, 21st Jul, 8th Sept, 29th Sept, 20th Oct, 10th Nov,
1st Dec, 22nd Dec

Week 3

Monday

Main Meals

BBQ Chicken Pizza with Baked Wedges
Margherita Pizza with Baked Wedges
Pasta with Tomato & Vegetable Sauce

Sandwiches

Ham Salad Wrap
Cheese & Tomato Bloomer

Served with

Classic Coleslaw
& Sweetcorn

Dessert

Cinnamon Apple Crumble
with Custard

Tuesday

Main Meals

Chicken Paella
Vegan Roasted Vegetable & Bean Pasta Bake
Jacket Potato with Baked Beans

Sandwiches

Tuna & Sweetcorn Baguette
Cheese Sandwich

Served with

Broccoli & Cauliflower

Dessert

Sultana & Oat Cookie

Wednesday

Main Meals

Slow Roast Beef & Root Vegetables with Gravy
Vegan Country Vegetable & Bean Pie
Pasta with Tomato & Vegetable Sauce

Sandwiches

Tuna Mayo Sandwich
Cheese Salad Wrap

Served with

Roast Potatoes, Seasonal
Greens & Carrots

Dessert

Fruit Jelly

Thursday

Main Meals

Beef Meatballs in Roasted Tomato & Basil Sauce
with Spaghetti
Vegan Meatballs in Roasted Tomato & Basil Sauce
with Spaghetti
Jacket Potato with Salmon Mayonnaise or Baked
Beans

Sandwiches

Chicken Mayonnaise Baguette
Cheese Sandwich

Served with

Cauliflower
& Roasted Carrots

Dessert

Orange Drizzle Cake

Friday

Main Meals

Fish Finger, Chips & Ketchup
Mexican Roasted Vegetable & Bean Quesadilla
Wholewheat Pasta with Tomato & Vegetable Sauce

Sandwiches

Ham Sandwich
Cheese Sandwich

Served with

Baked Beans Peas

Dessert

Chocolate & Courgette
Rice Krispie Cake

Freshly Baked Bread:

Pesto & Garlic or Wholemeal Bread

Week 3: 16th Jun, 7th Jul, 28th Jul, 15th Sept, 6th Oct, 27th Oct, 17th Nov,
8th Dec

BM1Ghyllgrove
June 2025

All products are subject
to availability

pabulummm
HONESTLY GOOD FOOD

